

BRIDGE THEATRE

The Lady from the Sea Visual Story



ALICIA
VIKANDER

ANDREW
LINCOLN

THE LADY
FROM
THE SEA

BRIDGE
THEATRE

Contents

About The Bridge

How to get here.....	2
When you arrive.....	4
The Space	
Main Foyer.....	5
Lower Foyer.....	8
Getting to your seat.....	10

The Production

The Lady from the Sea.....	11
Content Warnings.....	12

What happens in the play?

Synopsis.....	13
The Set.....	14
The Characters.....	16
Scene Breakdown.....	18

How to Contact Us.....	25
------------------------	----

The Bridge

How to Get Here

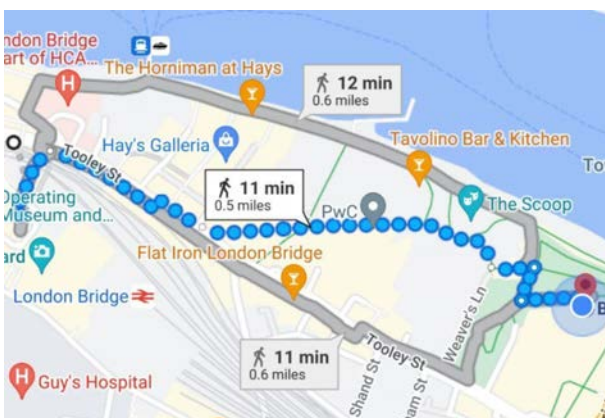


Our address is: Bridge Theatre, 3 Potters Fields Park, London, SE1 2SG.

The closest **train** and **tube** stations are: London Bridge and Tower Hill.



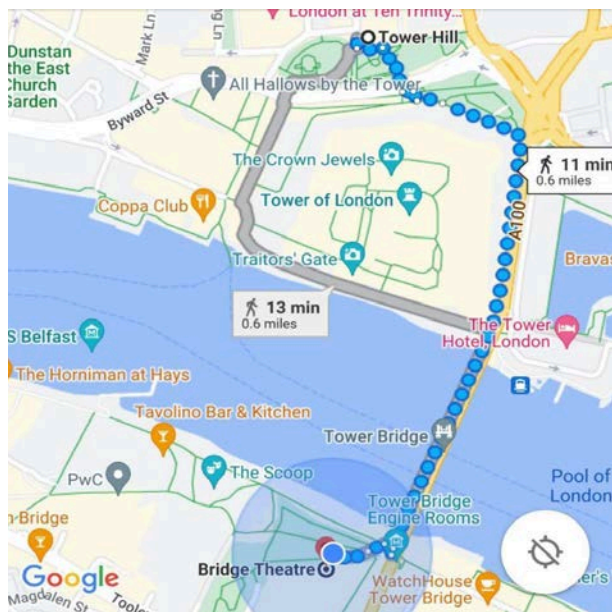
This is London Bridge Station.



This is what the walking route from London Bridge Station may look like.



This is Tower Hill Station.



This is what the walking route from Tower Hill may look like.

If you are arriving by **car** or **taxi** the best place for drop off and pick up is The LaLit Hotel, where there is level access to the entrance of the theatre. A map of the local area with disabled bays can be found on the [Southwark Council Website](#).

More information about getting to the Bridge is available on our website:

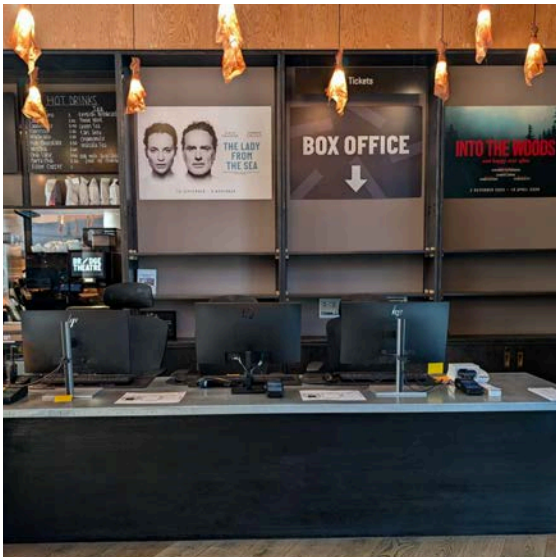
<https://bridgetheatre.co.uk/your-visit/how-to-find-us/>

When you Arrive



The theatre opens 1 hour and 30 minutes before the start of the show.

When you first arrive at the Front Doors, our **Security** team will ask to check inside your bags. The security team will not touch you. There may be two small queues.



Our **Box Office** team can help you with any questions about your tickets or booking. The desk looks like this and is in the front corner when you arrive.



Our **Access Desk** is between the revolving doors as you enter. Talk to them about borrowing:

- Audio enhancement devices
- House wheelchairs
- Sensory kits (including fidget toys, conversation cards and ear defenders)
- Large print resources (including menus and cast lists)
- Ear defenders

Main Foyer

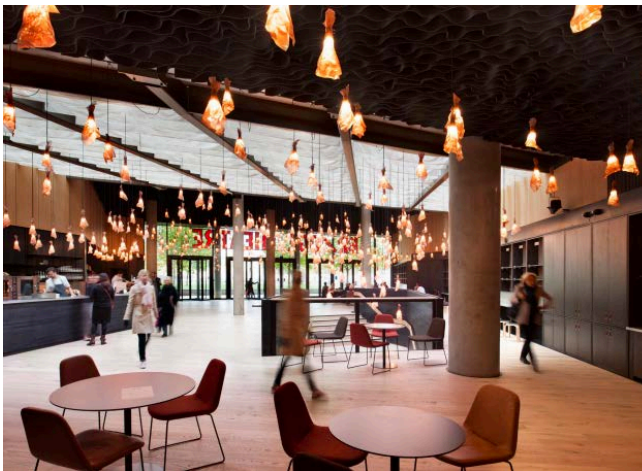
There is level access to our Main Foyer.

Inside, there are tables and chairs where you can sit down.

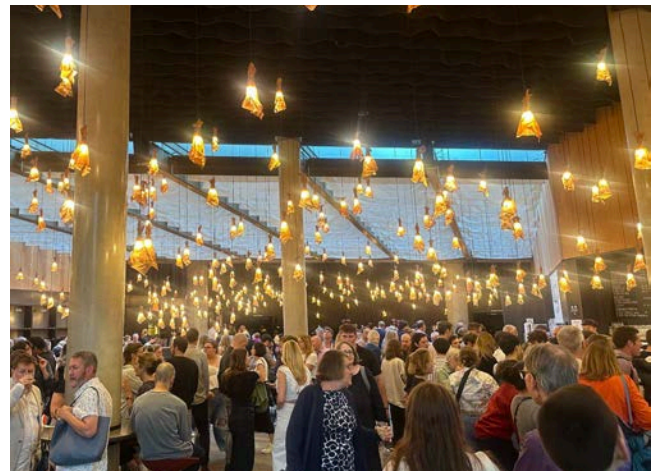
Depending on what time you arrive, the Foyer might be busy.

If you need assistance, please ask a member of staff.

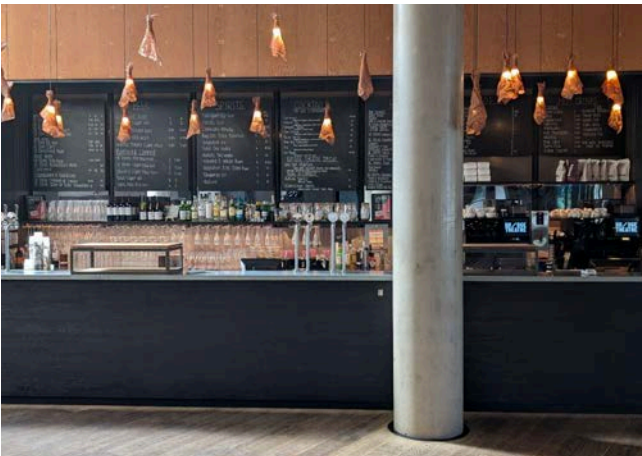
If you arrive early, it is more likely to be less crowded.



1 hour before the show.



15 minutes before the show.



Our **Main Bar** is on the right side of the Main Foyer. You can buy a variety of soft drinks, alcoholic drinks, snacks and hot drinks from here.

The menu is written on the chalkboards behind, but if you would like a paper copy or large print menu just ask at the bar or access desk.



You can pre order drinks/food for the interval. This can be done at the Main Bar when you arrive or via a text message that you may have been sent prior to your visit to The Bridge.

If you make a pre order for the interval, your order will be ready for you at the start of the interval on the book shelves located in the Main Foyer, to the right side of our Merchandise stand. You will receive a collection number

which will then correlate with the numbered shelves.

There will also be a member of staff, monitoring the interval orders, who can assist you with locating your interval order if needed.



There is a **Merchandise** stand on the left side of the Main Foyer. You can buy programmes, ice creams, sweets and merchandise from here.

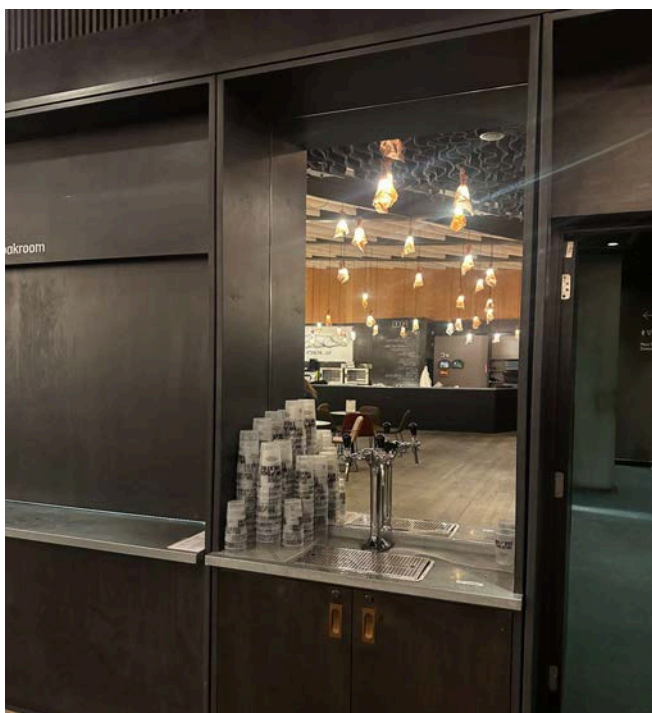
We have menus on the stand and large print menus available at the access desk.



We have a free **Cloakroom** to store bags and coats in. This is at the back left of the Main Foyer.



There is another **small bar** at the back of the foyer. You can buy cocktails, soft drinks, programmes and ice cream from here.



We have a filtered water fountain at the back left hand side of the Main Foyer. You can fill your own water bottle, or use the cups available to the left hand side of the taps. You can take water into all sections of the auditorium.

There are **Toilets** at the back left corner of the Main Foyer.

They are trans-inclusive, male and female bias toilets. We also have a gender neutral Accessible toilet.



Lower Foyer



The Lower Foyer is downstairs and opens around 35-40 minutes before the performance starts.

You can get to the Lower Foyer by going down the stairs in the centre of the Main Foyer, or by using the lift.



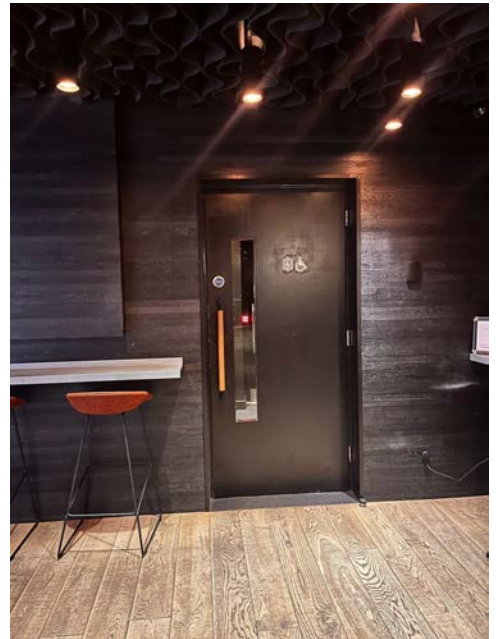
The main **Staircase** has 21 steps.

The platform **Lift** is at the back left corner of the Main Foyer. The lift can carry up to 300KG (4 persons).



We have a smaller **Bar** in the Lower Foyer, at the bottom of the stairs. This has a smaller menu but is often quieter before the show. You can buy drinks, ice creams, snacks and programmes.

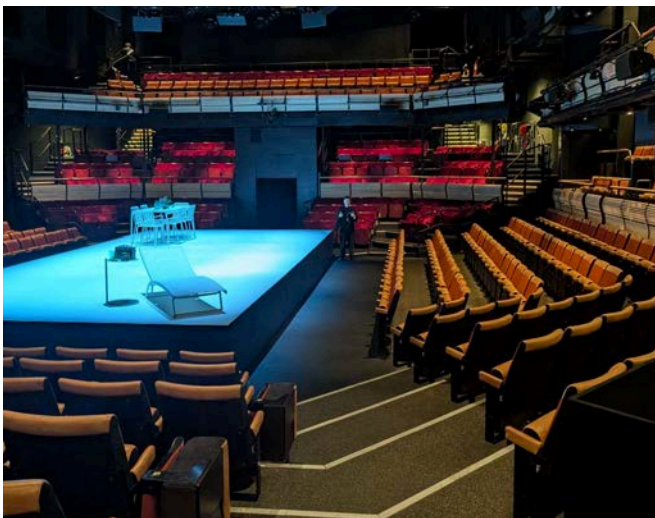
There are more **Toilets** in the Lower Foyer including an Accessible Toilet.



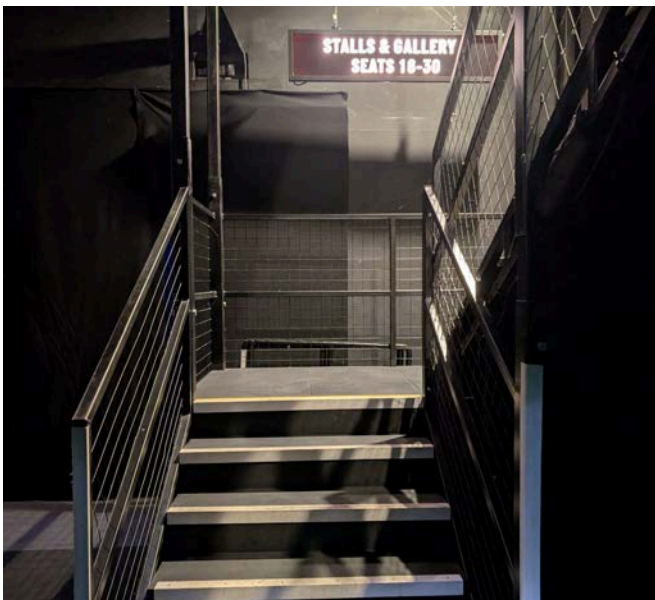
Getting to your seat

We have different sections of tickets for this production. Seated tickets are split into three levels:

- **Stalls** (lower level)
- **Gallery 1** (street level)
- **Gallery 2** (upper level) There are 12 steps up to Gallery 2 from Main Foyer level (with a handrail). Gallery 2 does not have lift access.



If you have seats in the **Onstage seating bank** (these rows have double letters, e.g AA1) you will need to enter through the Stalls Right door. You will descend 7 stairs (without a handrail), and along the side of the stage to the seats on the opposite side of the auditorium.



To get to the seats from there you walk around the corner to the stairs behind the seating bank. It is 16 stairs up to the stalls, or 32 to Gallery 1 (both with a handrail).

The Production

The Lady From the Sea

The Lady from the Sea is a play originally written by Henrik Ibsen in 1888.

This is a new version of the play originally written and directed by Simon Stone for the Bridge Theatre in 2025.

Dates

Wednesday 10 September – Saturday 8 November 2025.

Performance Schedule

Monday – Saturday: 7:30pm
Thursday & Saturday: 2:30pm

Access Performances:

Captioned: Friday 10 October at 7.30pm
Audio Described and Touch Tour: Saturday 25 October at 2.30pm

Running Time

The running time is 2 hours 40 minutes. This includes a 20 minute interval half way through.

Content Warnings

The recommended age guidance for this production is 15 +.
This play contains:

- Themes of child loss
- Themes of infertility
- Themes of death
- References to suicide
- References to self harm
- References to grooming
- Strong language
- Scenes of a sexual nature

The production also contains:

- Strobe lighting
- Complete blackouts

There will be periods of absolute darkness for 20 seconds in the auditorium as part of the show, we ask that you remain in your seats during this time.

Please talk to a member of staff if you are worried about any of these, or would like a warning before they happen.

If you need to leave during the performance we have a live stream set up on a TV just outside the auditorium, so you won't miss anything. During the performance, this is a quieter area.

What happens in the play?

The Synopsis

Fearful she may have settled too easily for a comfortable life married to a well-off doctor, Ellida searches for a way to break the predictable routine her existence has become. When a lover from her past appears at their remote country house, she has to choose between the life she has now built and the one she left behind long ago.

Interval

The show is divided into two halves. There is a 20 minute interval in between each.

After the first half the cast will exit the stage. You may see Stage Crew getting the stage ready for the second half.

During the break you can choose to stay in the auditorium if you want to, or you can leave the auditorium, and use the time to go to the bathroom, or visit one of the many bars and sales points.

The foyer will be busy during this time, and it may be darker outside than when you arrived.

The Set

For Act 1, the stage is a bright white, with set and props also white.

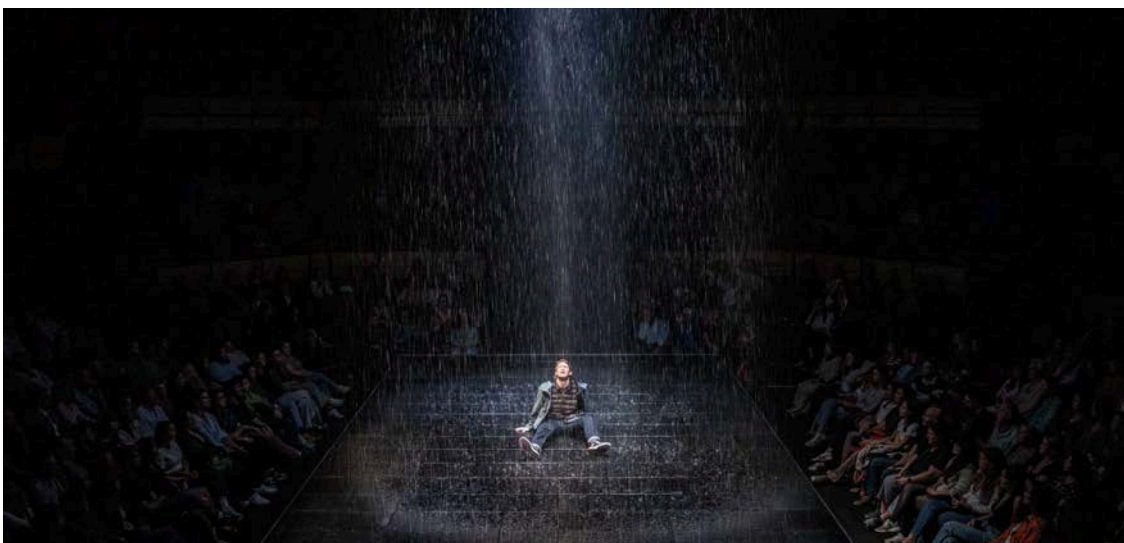
A lot of the action takes place in the family's garden, where there is a table, chairs, sunbed and plants.

Bright light is used, as well as some moments of complete darkness.



For Act 2, the stage is much darker. White set pieces have been replaced with black pieces.

During Act 2, there is rainfall on to the stage.



Later in the act, there is also a swimming pool that the actors get in, which is used both literally and metaphorically towards the end of the play.



The Characters

There are many characters in *The Lady from the Sea*. Some of the characters are played by the same actors.

Here are the characters and their relationships in the play.



Ellida
Edward's wife



Edward
Hilda & Asa's father



Asa
Edward's daughter



Hilda
Edward's daughter



Heath
Edward's cousin



Lyle
A friend of the family



Finn Marcet
Ellida's ex

Scene Breakdown: What happens in the story?

Warning: Spoilers ahead!

Please note that the following scene breakdown mentions some of the content warning topics detailed previously.

Act 1, Scene 1:

In the garden of his home, Edward, a doctor, is talking with Heath, his distant cousin. Heath is anxious about his health and is waiting on blood test results.

Edward's daughters, Asa and Hilda, interrupt the conversation, announcing that they are out of wine. The family bicker. Edward leaves to buy wine.

Lyle, a family friend, arrives and talks to Ellida, Edward's wife. When Edward returns he discusses his marriage with Lyle, and the pain of their recent miscarriage.



Heath returns with a large bouquet of flowers, mistakenly believing the family are celebrating Ellida's birthday. Edward reveals that they are commemorating his late first wife, Aisha's, birthday - not Ellida's.

Act 1, Scene 2:

Edward and Lyle discuss Heath's test results. He has not been told his diagnosis yet. Hilda overhears and shares that she

wants to be there when Heath is told, so she can be the one to support him.

The group talk about Aisha's death, which was by suicide. Hilda leaves, upset.

Ellida overhears a radio news report which mentions a man named Finn Marcet, who has been released from prison. She is shaken and turns off the

radio, and when Edward questions her, she admits she knew the man. Ellida refuses to share the details of their relationship and changes the topic.

Act 1, Scene 3:

Asa and Lyle talk about the OnlyFans account Asa has started, to fund her new University course. Lyle is concerned. He admits he was asked to keep an eye on Asa and Hilda after their mother's death.



Act 1, Scene 4:

Heath is upset having received his diagnosis; he has ALS, and is dying. He contemplates his illness, leaning on Hilda who is nearby.

Act 1, Scene 5:

Ellida tells Edward about the relationship with Finn Marcet when she was a teenager. She explains she was involved in the crime he was convicted of, and thinks she has been seeing him since he was released. Ellida and Edward argue about Finn, the promise Ellida made to wait for him, and their miscarriage.



Act 1, Scene 6:

Asa and Hilda join Ellida to go for a swim. Finn Marcet arrives at the house.

- INTERVAL -

Act 2, Scene 1:

Ellida and Finn talk in the garden. Ellida tells him she's married and asks him to leave. Edward comes out and they argue. Finn leaves.

Act 2, Scene 2:

Hilda asks her father to get a second opinion for Heath. Edward is angered by Hilda's interest in Heath's illness and tells Heath that she said she'd hoped he was dying.

Act 2, Scene 3:

Asa tells Edward she has been accepted to a PhD program at Yale. They argue.

Act 2, Scene 4:

Ellida tells Edward she needs him to leave the house so she can meet Finn. Edward is furious, but unwillingly gives Ellida the house for the night.

Act 2, Scene 5:

Ellida tells Asa and Hilda about Finn. Hilda is angry, but Asa sympathises with Ellida.

Act 2, Scene 6:

Heath is out in the rain, reeling from his diagnosis. Hilda and Heath talk about what Hilda said. They kiss. Hilda runs off.

Act 2, Scene 7:

Ellida meets Finn, who wants her to leave with him. They discuss the past, and the crime that was committed. Ellida thanks Finn for taking the blame.



Act 2, Scene 8:

Edward is in a state of despair, confiding in Lyle that he feels everyone is abandoning him. Lyle tries to support Edward, but they argue.

Lyle makes Asa tell Hilda about Yale. Hilda is upset.



Act 2, Scene 9:

Ellida and Finn discuss how life has changed since Finn's been in prison. Finn admits he's been watching Ellida. They kiss deeply and start undressing each other.

(meanwhile)



Act 2, Scene 10:

Edward and Heath are out together, drunk. Edward is trying to take his mind off Ellida, back at home. They discuss Aisha's death. Heath admits to his growing relationship with Hilda.

(meanwhile)



Act 2, Scene 11:

Ellida stops Finn. She asks him if he knew she was 15 when they met, and he denies it, telling her he thought she was 18. Ellida admits she agreed to meet him for closure, and says goodbye to Finn. He leaves.



Epilogue:

The following morning, Edward and Lyle talk as Edward swims laps in the pool.

Edward admits he was in the wrong the night before. Lyle tells Edward that Hilda is moving to Manchester.



Edward, Lyle and Heath chat. Asa and Hilda appear and the group eat breakfast.



Ellida appears with a suitcase. Everyone other than Edward leaves. Ellida tells Edward she needs some time alone and may not come back. Edward tells her he'll be there for her when she's ready. She leaves. Edwards jumps into the pool.

After the Show

At the end, the cast will come out on stage. Audience members will clap their hands to show they enjoyed the performance.

People will start to leave the auditorium. It may feel busy and there may be some queues when leaving the auditorium but don't worry - there's room for everyone.

You can choose to wait in the auditorium until it is quieter if you wish.

Thank you. We hope you've found this guide helpful, but welcome your questions.

Please reach out to us if you would like any further information including:

- Upcoming access performances
- Joining our Access List (for disabled concessionary rate tickets)
- Our accessible facilities

Please call us on **0333 320 0051** or email us **boxoffice@bridgetheatre.co.uk**, and we'll be happy to help as much as we can.

We're looking forward to seeing you soon.

All our best,

The Bridge Theatre.